

## 2008 Adult & Community Education Grant Projects

Organisation and Contact Details	Target Group(s)	Project Summary
<p>City of Mandurah - Alasdair Wardle</p> <p>P: 9550 3651 E: alasdair.wardle@mandurah.wa.gov.au</p>	<p>Women from CaLD backgrounds.</p>	<p><b>Breaking Down Barriers Through Creative Expression</b></p> <p>This 10 week program will allow participants to share experiences through creative and visual mediums to eliminate barriers of difference via the learning of new skills including jewellery making, digital photography and scrapbooking.</p>
<p>Central Area Region Training Scheme trading as Directions - Sarah Hardie</p> <p>P: 9622 6500 E: shardie@directionswa.com.au</p>	<p>Regional and remote learners, welfare recipients, including CaLD and Indigenous people.</p>	<p><b>Digital Photography - Create A Story</b></p> <p>This project has two components: firstly to engage the community in digital photography and digital storytelling workshops and secondly to train staff in ACE delivery and adult learning principles.</p>
<p>Fremantle Multicultural Centre Inc - Lynda Winter</p> <p>P: 9336 8282 E: Lynda.winter@fmcwa.com.au</p>	<p>People from a CaLD background, including people with disabilities and welfare recipients.</p>	<p><b>Hats, Bags and Accessories: A Multicultural Art and Craft Course</b></p> <p>This project will offer hat and bag making - including design and decoration - and accessory making ie shawls, scarves etc. Various art/craft forms will be taught by local artists and craft workers, preferably from multicultural backgrounds. It is also anticipated that participants will have skills/techniques to share with the group.</p>
<p>Gosnells Women's Health Service (Inc) - Elizabeth Cheong</p> <p>P: 9490 2258 E: e.cheong@gwhs.com.au</p>	<p>Migrant and refugee women.</p>	<p><b>Cross Cultural Conversations</b></p> <p>This project aims to develop social confidence and self esteem to encourage engagement in the broader community via a series of conversational English classes. The classes will focus on life skills such as parenting, cooking and engaging with community services.</p>
<p>Granny Spiers Community House (Inc) - Rhonda Adamsam</p> <p>P: 9401 2699 E: manager.gsch@people.net</p>	<p>Welfare recipients.</p>	<p><b>It's Your Time</b></p> <p>The workshops are designed to develop and empower women within the community, particularly in the areas of positive mental health and self care. Areas of focus will include goal setting, confidence building, education and work opportunities and self reflection.</p>
<p>Jobs South West Inc - Posy Barnes</p> <p>P: 9721 5033 E: posy@jobs-sw.com.au</p>	<p>Young mothers, including women from Indigenous and CaLD backgrounds and women with disabilities.</p>	<p><b>Young Mums Health and Lifestyle Project</b></p> <p>This program will provide informal, hands-on education and training in topics such as child care, healthy lifestyles, healthy relationships, stress management, depression, ante-natal and post-natal depression, obesity, nutrition, diet, physical exercise and healthy cooking. It will include interactive seminars, supermarket tour with a dietician and the preparation of a healthy cook book for the participants to distribute within their community.</p>

<p>Langford Aboriginal Association Incorporated - Angela Ryder</p> <p>P: 9451 1424 E: la54218@bigpond.net.au</p>	<p>Aboriginal and Torres Strait Islander people; non-Aboriginal people.</p>	<p><b>Noongar Language and Cultural Program</b> This project will provide an opportunity to learn Noongar language to strengthen identities and enable the wider community to learn about Noongar culture through language to assist in their understanding of Aboriginal people. It will provide opportunities to learn lost skills and knowledge eg language, bush skills, food preparation, dance, art and craft.</p>
<p>North East Regional Training Association Incorporated trading as Morley Training Centre - Karen Hackett</p> <p>P: 9375 1977 E: karen@morleytrainingcentre.com.au</p>	<p>Welfare recipients.</p>	<p><b>3 BE's - BE Positive, BE Prepared and BE in it for Life</b> This program is designed to assist people to develop a positive approach to decision making to benefit them in their endeavours for employment, lifelong learning and managing their lives more effectively. Sessions will include developing self confidence, planning and preparation to make sound decisions, identifying relevant work and learning opportunities, motivation to success and life balance.</p>
<p>Northcliffe Family Centre Incorporated - Tania Dodd</p> <p>P: 9776 7221 E: northcliffefamily@wn.com.au</p>	<p>Regional and remote learners, welfare recipients, and people with disabilities.</p>	<p><b>Sharing More Than Just Skills</b> Using the foundations created by their previous "Sharers and Carers" program, this program will continue to provide opportunities for lifelong learning through informal sharing of ideas, skills and life experiences within a supportive environment. The program will engage facilitators from health, finance and education areas from outside the immediate community to provide new ideas, information and networks to the participants.</p>
<p>Swan City Youth Service Incorporated - Chrystie Flint</p> <p>P: 9274 3488 E: chrystie@scys.iinet.net.au</p>	<p>Young people up to 25 years, Indigenous, CaLD, welfare recipients and ex-offenders.</p>	<p><b>Jammin'</b> The program will provide 12 workshops in African Djembe drumming and 12 workshops on didgeridoo over 3 months and include a sausage sizzle to encourage social interaction. The workshops will aim to teach young people instrumental skills and address issues such as cultural differences, understanding and unity. Cultural history will be included in the workshops as will participants making their own PVC didgeridoo and tapping sticks.</p>
<p>Swan TAFE - Sandra Cotton</p> <p>P: 9267 7866 E: sandra.cotton@swantafe.wa.edu.au</p>	<p>People with a disability.</p>	<p><b>Healthy Cooking for People with Disabilities</b> Nutritional food, healthy eating, socialising and lifelong learning will form the basis of this project, and will involve students planning, preparing and then sharing nutritious and appetising two/three course meals. The project aims to increase participants' independence and confidence in a way that is motivating and enjoyable as well as reducing their reliance on carers and families.</p>

<p>Swan TAFE - Tracey Beer</p> <p>P: 9267 7873 E: tracey.beer@swantafe.wa.edu.au</p>	<p>Indigenous learners and learners with a disability.</p>	<p><b>Language Through Art Program</b> This program will allow participants to explore a range of ideas and emotions through creative writing, while increasing their confidence and skills in self expression. The program requires participants to hand write as the process of writing connects thoughts, feelings and ideas, however where this is not possible, other forms of communication will be used. The program will be delivered over two terms, the first focussing on skills and confidence in writing, and the second giving participants the opportunity to work on a group project or their own portfolio.</p>
<p>The Australian-Asian Association of Western Australia Incorporated - Olga Ramasamy</p> <p>P: 9328 6202 E: austasia1@iinet.net.au</p>	<p>Existing and emerging CaLD communities.</p>	<p><b>Beyond Language</b> These workshops are designed to increase confidence and self-esteem, and English speaking skills while learning new skills in paper-making and printing. Each session will include 2.5 hours of practical and theory followed by 30 minutes of conversational English tuition to discuss educational, employment and small business ideas.</p>
<p>The Cerebral Palsy Association of Western Australia Ltd - Natalie Georgeff</p> <p>P: 9443 0314 E: Natalie.Georgeff@tccp.com.au</p>	<p>Adults with Cerebral Palsy.</p>	<p><b>OZStars: Creative Synergy of People with Physical Disabilities</b> This is an art based inclusion program aiming to support participants to express themselves through drama (including physical theatre, issues-based drama, forum theatre and theatre sports/games) to develop self-confidence, assertiveness and self-expression. The project attempts to demonstrate that the art of drama can be shaped into a powerful vehicle, positively affecting psychological well being.</p>
<p>The Speak Easy Association of Western Australia (Incorporated) - Charn Nang</p> <p>P: 9225 4111 E: seawa@speakeasy.org.au</p>	<p>Individuals with disabilities (speech, language, communication). Any other adult who is interested in undertaking the activities.</p>	<p><b>Communication Confidence: Do it with Flair</b> This project will provide training and experience in speaking activities for enjoyment and personal development, including public speaking, singing, relaxation and drama. Opportunities will be provided for participants to practice their skills in a supportive and interactive environment in activities they may not normally undertake as individuals with communication disorders.</p>
<p>Wila Gutharra Community Aboriginal Corporation - Frank Basham</p> <p>P: 9956 1100 E: frank@wila.org.au</p>	<p>Aboriginal and Torres Strait Islanders.</p>	<p><b>Indigenous Women's Mosaic Group - Northampton Old School Community Initiative</b> This program involves participants working with an instructor to learn mosaics, firstly to produce their own piece and then working as a group to produce a wall panel for the Old School site. This project will provide companionship, introduce participants and their families to opportunities with TAFEWA and Wila Gutharra employment preparation programs, and will produce a physical work which will enliven the learning environment and encourages community ownership of the Old School site.</p>